



GET IN TOUCH



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6273 2362



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Website
www.westmoonahnh.org.au



Location
130 Springfield Ave,
West Moonah



WEST MOONAH NEIGHBOURHOOD HOUSE

NEWSLETTER

OCTOBER 2023

MONDAY - FRIDAY

9:00AM 3:00PM



We pay respect to the traditional and original owners of this land, the muwina (mou wee nee nar) people, to pay respect to those that have passed before us and to acknowledge today's Tasmanian Aboriginal people who are the custodians of this land.





West Moonah
Neighbourhood House

SERVICES



NILS LOANS



FOOD ASSISTANCE



COMMUNITY SHED



CLASSES & PROGRAMS



PLAYGROUP



L1 DRIVER LEARNING SUPPORT



COMMUNITY GARDEN

WHAT'S ON?



SCHOOL HOLIDAY PROGRAM
Ages 6-12 yrs

**Sushi Rice Paper Rolls
& Cake Pops**

Thursday 12th October
10 am - 1 pm

Parents are not required to stay
\$50
Per Child

Book Now - Limited Spaces
Tel. 6273 2362 130 Springfield Ave, West Moonah
westmoonahnh.org.au

*Enjoy learning
the craft of
making your own
sushi rice paper
rolls and yummy
cake pops in a
fun kitchen
environment.*

OP SHOP HOP
One person's trash is
another person's
treasure! Join us for a
day of social fun whilst
exploring some of the
best Op Shops around
and adding some pre-
loved items to your own
collection.



OUT & ABOUT PROGRAM

Op Shop Hop

Wednesday 25th October
10 am - 2 pm

FOR A SEAT ON THE BUS
\$12
Per Person
members \$10 per person

Book Now - Limited Spaces
Tel. 6273 2362 130 Springfield Ave, West Moonah
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wellways
a mental health & well-being collaboration

Garden to Plate Course

In our Community Garden & Kitchen
Learn to grow and cook produce

- Connect with Community -

starts 16th October
Mondays, 10am-3pm for 8 weeks

FREE COURSE

Book Now - Small Class - Limited Spaces
Tel. 6273 2362 130 Springfield Ave, West Moonah
westmoonahnh.org.au

*Learn to grow your
own produce using
our Community
Garden and use the
produce to cook
healthy meals in our
Community Kitchen.*

For more information or to book visit our website:
www.westmoonahnh.org.au or give the team a call
on 6273 2362.